Team Members: ___________________________________

Research Topic: ___________________________________

Date/Block: ____________________/___________________

**Mental Health Awareness Project**

This is a group project where team members research a specific mental health illness/disorder, gather reliable health information and resources, and present research findings to the rest of the class. Using the data gathered, individual group members will prepare a single test question for the unit assessment.

Follow the project procedures listed below for the research activity and setting up presentations for the class: two class blocks will be given to complete this project.

1. Fill out the team members’ names, assigned research topic, and date/class period information on the top of each page of this project packet.
2. Use the **Research Team Role Cards** sheet on **page 2** of this packet to assign the three roles to each team member.
3. Distribute the **Research Questions** for Patient, Medical expert, and Family/Loved ones on **pages 3, 4, and 5** respectively, to corresponding team members who are responsible for completing the set of Research Questions for their assigned roles.
4. Research online and/or review printed materials to complete the Research Questions sheets.
5. Regroup to share and compare all team members’ research findings, and agree on what each team member will prepare and bring to the next class for the presentation.
6. Consider the following ideas for the presentation and how your project will be evaluated.
7. Each group member must submit on Schoology one test question with correct answer and citation pertaining to their researched material. Question must be in the form or multiple choice, matching, or true/false.

**Presentation Criteria**

<table>
<thead>
<tr>
<th>Content/Accuracy</th>
<th>Design</th>
<th>Effectiveness</th>
</tr>
</thead>
</table>
| Include at minimum the following information:  
- Title  
- Clearly identified mental health disorder topic  
- Common symptoms  
- Possible causes  
- Treatments  
- Relevant U.S. statistics  
- Available online and local services and resources  
- Citation of all sources where you found the information | The presentation has graphic elements such as:  
- Cohesive look—a team creation and not a composite of three different individuals’ work.  
- Logical and easy to follow graphic organization of the content  
- Creative use of visual elements—e.g., images, colors, shapes, different letter sizes, etc. | The presentation has the following qualities that attract people’s attention and make it easy to understand the content:  
- It is easy to read and identify different sections.  
- The information is presented in clear writing and enhanced by design elements.  
- Content and design of the presentation are informative and respectful of the topic. |
**Team Members:** _________________________________

**Research Topic:** ___________________________________

**Date/Block:** _______________/___________________

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## Research Team Role Cards

<table>
<thead>
<tr>
<th>Role</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Patient</strong></td>
<td>As the patient, you are responsible for researching the symptoms associated with the mental illness/disorder. How might you think, feel, act?</td>
</tr>
<tr>
<td><strong>Medical Expert</strong></td>
<td>As the Medical expert, you are responsible for researching current treatments for the mental illness/disorder and informing others about different mental health professionals.</td>
</tr>
<tr>
<td><strong>Family Member/loved ones</strong></td>
<td>As a family member of a person diagnosed with a mental illness/disorder, you are responsible for researching resources in the community to help with the mental illness/disorder. Additionally, you are to research anything that relates to the community and stigma surrounding your researched material.</td>
</tr>
</tbody>
</table>

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**Instructions:**

As a team, you each have a specific role. You are to become an expert in your area and answer the questions pertaining to your role on the Research Questions sheet. Work together or individually to answer all of the research questions. Please note that some of the questions will need to be answered by more than one member of your team to form a thorough response.
Research Questions for Patient

1. What are some common symptoms that patients experience when affected by the specific mental health disorder your team has been assigned?

2. What are some known or possible causes of this illness/disorder?

3. How many people in the U.S. are diagnosed with the illness/disorder? What are some other relevant statistics that might be helpful for patients to know?

4. What are some reasons someone might not seek help for this mental illness/disorder?

5. What other information do you think will help people better understand this mental health condition and seek appropriate help?

6. What other questions would you want answered if you played the role of patient?
Research Questions for Family and Loved Ones

1. What are some signs of the mental health illness/disorder that can be identify?

2. Are there any negative stereotypes about people affected by this mental health illness/disorder? Please describe.

3. List at least three local mental health resources/services available for helping and supporting people affected with this mental health illness/disorder as well as their family members?

4. List at least three online resources with reliable information about this mental condition and explain why you consider them credible.

5. What other information do you think will help people better understand this mental health condition and seek appropriate help?

7. What other questions would you want answered if you played the role of family or loved one?
Research Questions for Medical Experts

1. What are some risk factors for the mental illness/disorder? And how is the specific mental health illness/disorder you researched diagnosed?

2. What are general methods used to treat this mental health illness/disorder?

3. Why is it important to identify and treat clinical depression in mental health patients? And how does it relate to the mental health illness/disorder you researched?

4. What are some medical science careers available in helping patients and studying the mental health illness/disorder you researched?

5. What other information do you think will help people better understand this mental health condition and seek appropriate help?

8. What other questions would you want answered if you played the role of medical expert?